



“The Wedding of Cana ”...

FROM THE GOSPEL ACCORDING TO - JOHN -:

“His mother said to the servers, ‘Do whatever he tells you.’ Now there were six stone water jars there for Jewish ceremonial washings, each holding twenty to thirty gallons. Jesus told them, ‘Fill the jars with water.’ So they filled them to the brim.” (John 2:5-7)¹

MEDITATION ON THE MYSTERY:

Jesus, at Mary’s request, changed the six jars of water into six jars of wine, a figure of the Divine Spirit – that we might be able to espouse well, and with joy, the right ideal of life. (cf. SLC, p. 206G)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to receiving the Sacrament of Marriage responsibly, St. Francis de Sales says: *“Would to God that his beloved Son was invited to all the marriages as he was to that of Cana! Then the wine of consolations and blessings would never be lacking there. The reason why there is usually only a little of such wine in the beginning, is because Adonis is invited in the place of our Lord and Venus instead of our Lady.”*

(FRANCIS DE SALES, *Introduction to the Devout Life*, translated and edited by Antony Mookenthottam et al., S.F.S. Publications, Bangalore 1995, electronic edition, III.38)

¹ NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen) :

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Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...

- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...